KENTENHKO:WA NOVEMBER 2007 ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 1 Mary's foot care Clinic will be every half hour with 1/2 hour four a lunch break November 4,5,6 Trip to Connecticut November 9 Veterans Service and we will offer free meals to our veterans November 12 Center Closed for Veterans Day November 16 Tom Saxby will be in for 12;00 to help with prescription concerns. November 21 Pie Bingo \$10 Packets & \$1 Extras November 22 & 23 Center Closed for Thanksgiving Holiday 				1 Foot Care Clinic 9 am to 3 pm 12:30 Craft Day X-Mas Wreath	2	3 6 pm A-K Cards
4 Trip to Connecti- cut Foxwoods & Mohegan Sun 6 pm A-K Cards		6 Trip 12:30 Shopping	7 12:45 Exercise	8 1:30 pm Legal Aid	9 Joanne Reyome Service 11 am Veterans Service-Free Meal to all Vets 12:45 Exercise	10 1 pm Cribbage Tourney 6 pm A-K Cards
11 6 pm A-K Cards	Veterans Day Center Closed	13 12:30 Shopping	14 9:30 am-3 pm Massage Therapy 12:45 Exercise	15 Caregiver's / Alzheimer's Sup- port Group.6-8 pm	16 Noon Tom Saxby Rx Check 12:45 Exercise 10:00 ADV. Mtg. 10:30.Club Mtg.	17 6 pm A-K Cards
18 6 pm A-K Cards	19 1 pm Bingo	20 12:30 Shopping 11-11:30 am Barry Lazore Nutrition Ed.	12:45 Exercise 1 pm Pie Bingo \$10 Packets \$1 Extras	hanksgiving Day Center Closed	Day After Thanksgiving Center Closed	24 6 pm A-K Cards
6:30 pm A-K Tournament \$10	26 1 pm Bingo	27 12:30 Shopping	28 9:30am-3pm Massage Therapy 12:45 Exercise FREE BIRTHDAY MEAL	29 1:30 pm Legal Aid	30 12:45 Exercise	